

# SEP 2015 - 2016

## School Enrichment Program Course Offerings

### **Demo and Design**

**Grades: 3 - 5**

**Class day and time: Monday, 8:00 - 9:00 AM**

**Instructor: Kristin Krueger**

**Registration Fee: \$70**

Do you like taking things apart and designing new things? Demo and Design will allow students to experience taking apart computers, DVD players, keyboards, and clocks. We will build new machines with circuits and design innovative new ideas.

### **Mornings with Marshall**

**Grades: K-1**

**Class day and time: Monday, 8:00 - 9:00 AM**

**Instructor: Tiana Marshall**

**Registration Fee: \$70**

Children will demonstrate initiative as they explore and focus on activities through play. We will be exploring through songs, poetry, dramatic play, and hands on stations. This will be an excellent way to start your child's day!

### **The Jumping Minions**

**Grades: 2-5**

**Class day and time: Monday, 8:00 - 9:00 AM**

**Instructor: Cindy Probus**

**Registration Fee: \$70**

The Jumping Minions is a jump rope club. Students of all skill levels are welcome to join. We will work on learning new skills and tricks and creating a group routine.

### **Chess Club**

**Grades: 2-5**

**Class day and time: Monday, 8:00 - 9:00 AM**

**Instructor: Pam Edwards**

**Registration Fee: \$80 (this fee will include the cost of supplies)**

Chess Club is available for all levels, beginner to advanced. Students will be matched with opponents of similar ability levels. At the beginner level, students will learn the basics of chess to build a strong foundation. At the more advanced levels, students will improve their game by learning new strategies. At all levels, good sportsmanship will be nurtured.

### **Advanced Spanish**

**Grades: 3-5**

**Class day and time: Monday, 4:00-5:00 PM**

**Instructor: Nancy Ortiz**

**Registration Fee: \$70**

I am a native speaker of Spanish and a retired Spanish teacher of 30 years. The students will be taught Spanish through music, culture, role playing games, visual, auditory, speaking and writing activities.

### **G.I.R.L. Yogis**

**Grades: 3-5**

**Class day and time: Monday, 4:00 - 5:00 PM**

**Instructor: Tricia Londres, Oceans Yoga LLC**

**Registration Fee: \$70**

Growing Independence Ready Let's Get Moving with OCEAN Yoga

In this class, girls will:

- Explore many Yoga poses which builds strength and flexibility
- Work on gaining self-esteem and confidence
- Learn self-awareness through positive thoughts and actions
- Engage in group discussions, valuable activities, co-operative games, trust building exercises, partner poses, strength building poses and simple meditations
- Overall enjoyment and to have fun

### **Chefs Cook Together**

**Grades: 2-3**

**Class day and time: Monday, 4:00 - 5:00 PM**

**Instructor: Franca D'Amico**

**Registration Fee: \$80 (this fee will include the cost of food)**

Join Chef-Instructor Franca D'Amico for a fun-filled afternoon creating tasty and nutritious dishes. In this active, hands-on class the students learn what fresh food is, how delicious it tastes, and how to prepare it. The students will work together preparing a variety of dishes and at the end of the class they will enjoy their creations. This class will not be allergy friendly.

### **Introduction to Tae Kwon Do**

**Grades: K-5**

**Class day and time: Monday, 4:00 - 5:00 PM**

**Instructor: Master Kim**

**Registration Fee: \$75 (this fee will include a certificate of program completion and belt)**

Students will have a great time while learning Tae Kwon Do basics. Tae Kwon Do helps students learn discipline, respect, self-control, positive thinking and self-defense. With Martial Arts, children get healthy, well-balanced exercise while improving self-confidence.

### **Breakfast and Books**

**Grades: K-2**

**Class day and time: Tuesday, 8:00 - 9:00 AM**

**Instructor: Amy Crane**

**Registration Fee: \$80 (this fee will include the cost of food)**

I would like to invite a small group of book lovers to my room in the morning for a little breakfast and books! I will have a read-aloud planned for each meeting and a yummy breakfast snack to go with the story. After we eat breakfast we will have a small activity to work on. Students may bring their own books to read the rest of the morning or they may borrow books from my classroom library. I'm looking forward to starting the day with a book!

## **2<sup>nd</sup>/3<sup>rd</sup> Grade Drama Club**

**Grades: 2-3**

**Class day and time: Tuesday, 8:00 - 9:00 AM**

**Instructor: Adam Dove**

**Registration Fee: \$70**

The 2<sup>nd</sup>/3<sup>rd</sup> Grade Drama Club SEP is an exciting club where members will learn basic acting skills. We will use plays and games to learn and practice these skills. Members will give various performances to students at school (during the school day) throughout the session. Each member will be given a DVD with all performances. The club will require memorization.

## **Wolf Webmasters**

**Grades: 3-5**

**Class day and time: Tuesday, 8:00 - 9:00 AM**

**Instructor: Kristin Krueger**

**Registration Fee: \$70**

Do you love video games? Learn how to make your own animations and games. Join Wolf Webmasters to discover the fun in computer programming!

## **Lego Club**

**Grades: 2-5**

**Class day and time: Tuesday, 4:00 - 5:00 PM**

**Instructor: Joshua Tredinnick, Maggie Hansford**

**Registration Fee: \$80 (this fee will include the cost of supplies)**

Calling all master builders! Students will be given tasks to build each week with a teammate.

- No instructions, because master builders don't need them!
- Example and task:
  - Build a vehicle that can seat eight people
  - Double deck couch
  - Build bridge that can hold 5 lbs

## **Soccer Club**

**Grades: 4-5**

**Class day and time: Tuesday, 4:00 - 5:00 PM**

**Instructor: Cindy Probus**

**Registration Fee: \$70**

The soccer club will be indoors, and students do not need special footwear. They can wear regular sneakers or indoor soccer shoes. We will focus on footwork and dribbling skills. Each student will get lots of touches on the ball by playing 1v1 and small sided games instead of waiting in long lines or playing 11v11. At the end of the club, we will have 3v3 or 4v4 tournament and have a soccer club champion!

## **Just Crafting Around**

**Grades: K-2**

**Class day and time: Wednesday, 8:00 - 9:00 AM**

**Instructor: Christine Sandford**

**Registration Fee: \$75 (this fee will include the cost of supplies)**

Teaching craft techniques that will enhance motor skills, and having fun creating. We will do fun projects that are seasonal and the kids will bring home.

**Making Music with Ipads****Grades: 4-5****Class day and time: Wednesday, 8:00 – 9:00 AM****Instructor: Samuel Runolfson****Registration Fee: \$70**

The class will be making and recording music using the APP garage band on iPads (the school iPads). Students would learn about the different tools garage band offers to create and record their own music. No musical experience is required, and being in chorus or strings is not a pre-requisite. The goal of the class is to have a finished (and polished) song recorded for each student and present their final product to class at the end of the 10 week session.

**Introduction to Sign Language****Grades: 3-5****Class day and time: Wednesday, 4:00 - 5:00 PM****Instructor: Anna Collins Walker, Maggie Hansford****Registration Fee: \$70**

We are excited to introduce both boys and girls in grades 3-5 to sign language. You will learn basic signs with each week themed in different categories. The class will learn a song throughout the course of the SEP class with the option to perform at the school talent show.

**Brain Games, Strategies Based Learning Lab****Grades: 2-5****Class day and time: Wednesday, 4:00 - 5:00 PM****Instructor: Pam Edwards****Registration Fee: \$80 (this fee will include the cost of supplies)**

Games (including many popular board games) will be played to understand the strategies needed to be successful in the game. Students will have fun playing the games while supporting critical thinking skills, problem solving skills, spatial reasoning skills, math skills, as well as build positive social skills. There is much research that supports this, such as, "As kids get older, we might also use board games as part of program of teaching critical thinking skills. We know that middle school students can make substantial improvements in problem-solving ability-even general IQ- when they are taught general principles of critical thinking. (Hernnstein et al 1986)".

**Beginning German****Grades: 2-5****Class day and time: Wednesday, 4:00 - 5:00 PM****Instructor: Karola Scarce, with guest appearances by Mrs. Buchheit****Registration Fee: \$70**

Students will learn basic German language skills by speaking, singing and role play. German traditions and culture will also be shared

### **Girls Basketball**

**Grades: 3-5**

**Class day and time: Wednesday, 4:00 - 5:00 PM**

**Instructor: Cindy Probus**

**Registration Fee: \$70**

Ms. Probus wants to help our girls get ready to play in the TCW Basketball League in the spring. The girls will learn the rules of basketball and the basic skills like dribbling, passing, and shooting. They will also learn simple offensive and defensive strategies and the importance of teamwork. In the end, each girl will hopefully have the skills, knowledge, and confidence to compete and be successful against girls and boys in the TCW Basketball League coming up in the spring!

### **Scrapbooking**

**Grades: K-5**

**Class day and time: Wednesday, 4:00 - 5:00 PM**

**Instructor: Cathy Molestina**

**Registration Fee: \$75 (this fee will include the cost of supplies)**

Time to put your pictures together and what better way to have your children do this than by having fun with stickers, scissors and colorful papers. Your memories will be saved forever! In this class children will be guided through different techniques to elaborate his/her own pages full of memories.

### **Movement and Folk Dance**

**Grades: 3-5**

**Class day and time: Thursday, 8:00 - 9:00 AM**

**Instructor: Rebecca Anderson**

**Registration Fee: \$70**

Students will experience and perform folk dances from around the world and will participate in creative movement activities.

### **Wolf Webmasters**

**Grades: 1-2**

**Class day and time: Thursday, 8:00 - 9:00 AM**

**Instructor: Kristin Krueger**

**Registration Fee: \$70**

Do you love video games? Learn how to make your own animations and games. Join Wolf Webmasters to discover the fun in computer programming!

### **Introduction to Spanish**

**Grades: K-5**

**Class day and time: Thursday, 4:00 - 5:00 PM**

**Instructor: Cathy Molestina**

**Registration Fee: \$70**

Students will be introduced to the Spanish language and culture. We will focus on basic skills and greetings; simple phrases; learning about family and friends; identifying items around the house; counting days and months; and colors and songs.

**Pups on the Run****Grades: 3-5****Class day and time: Thursday, 4:00 - 5:00 PM****Instructor: Maggie Hansford, Kristi Abram****Registration Fee: \$70**

Pups will learn teamwork through endurance training. Fun running drills and games. Let's run!

**Just Girls****Grades: 4-5****Class day and time: Thursday, 4:00 - 5:00 PM****Instructor: Elizabeth Paiz****Registration Fee: \$80 (this fee will include the cost of supplies)**

Girls just wanna have fun! Being a girl in this day and age can be a challenge. This group is designed to work through issues, form lasting relationships, and learn fun new tips. Each week we will have some social time, some serious time, and learn new ways to style our hair, paint nails, etc. GIRL POWER!

**Instrument Ensemble****Grades: 3 - 5****Class day and time: Friday, 8:00 - 9:00 AM****Instructor: Rebecca Anderson****Registration Fee: \$70**

Students will improvise and perform pieces of instrumental music that involves multiple layers and different instruments, such as xylophones, drums, auxiliary percussion, and possibly recorder.